

THE PELIGONI SPA MENU

FACE

Dermalogica Eye Flash | 30 min 40€

Prescriptive eye treatment to reduce the appearance of fine lines; to tone, soothe and brighten.

Dermalogica Proskin | 30 min 40€

A deep exfoliation for maximum results to diminish dead skin cells and reveal brighter and healthier skin with a deep serum treatment.

Dermalogica Pro Bright | 60 min 70€

A high-intensity treatment helping to reduce the appearance of uneven pigmentation for visibly brighter and smoother skin.

Dermalogica Pro Firm Signature Treatment | 60 min 80€

A unique treatment utilising deep tissue facial massage to release tension and visibly tone. Retexturising and replenishing resulting in smooth and firm skin.

BODY

Dermalogica Body Scrub | 60 min 60€

An invigorating full body exfoliation which leaves your skin feeling brightened and renewed.

Swedish Massage | 45 min 55€ | 60 min 70€ | 90 min 90€

Relax and unwind with a traditional Swedish massage which will transport you into a world of tranquillity.

Deep Tissue Massage | 45 min 60€ | 60 min 80€ | 90 min 100€

A deep tissue massage which can be tailored to your needs, targeting aches, pains and specific areas of muscular trauma. To ensure comfort and release tension.

Indian Head Massage | 30 min 40€

Using massage and pressure points, the scalp, neck and décolletage are the focus of this treatment, which will invigorate all of your senses. Soothing all tension away you will reach pure relaxation.

Pregnancy Massage | 60 min 70€

The perfect solution to manage aches and pains, and relieve muscle tension. A relaxing treatment for pregnant women of 12 weeks+.

Sports Massage | 45 min 60€ | 60 min 80€

More targeted than a deep tissue massage, suitable for athletes of all levels. Help alleviate pain and prevent or treat injuries. Improve movement, mobility, and overall performance.



CBD TREATMENT WITH OTO

OTO delivers the world's first sensory CBD-infused massage experiences that contain pure CBD isolate in the most luxurious massage oils to deliver muscular relaxation quickly, and sound therapy to alter your state of consciousness, with the aim to balance homeostasis, promote relaxation and manage stress.

OTO CBD AMPLIFY- RE-ENERGISING MASSAGE

60 min 100€ | 90 min 125€

Designed to ease tension and unravel tightness in tired muscles. This full body treatment uses CBD oil infused with Bitter Orange, Grapefruit and Juniper Berry, coupled with a handcrafted bamboo roller to rejuvenate deeper levels of the muscle.

Combined with an OTO signature sound therapy and the placement of Red Jasper crystal, renowned strong grounding properties, for a profoundly regenerative experience.



THE PELIGONI CLUB

NAILS

Express Manicure | 30 min OPI 30€ | Shellac 35€

An optimum fix for neat and tidy nails.

Includes a hydrating massage, shape and polish.

Signature Manicure | 45 min OPI 45€ | Shellac 50€

Make your hands feel beautiful with a soak, cuticle treatment, exfoliation, hand mask, massage, shape and polish.

Men's Manicure | 30 min 35€

Includes a hand soak, skin exfoliation, cuticle and nail trim, finished with a relaxing hand and arm massage.

Express Pedicure | 45 min OPI 40€ | Shellac 45€

A quick fix to get your feet in great condition.

Includes a nourishing massage, shape and polish.

Signature Pedicure | 60 min OPI 50€ | Shellac 55€

Make your feet look and feel beautiful with a soak, cuticle treatment, exfoliation, massage, shape and polish.

Men's Pedicure | 45 min 45€

Includes foot soak, hard skin removal, cuticle and nail trim, finished with a relaxing foot massage.

Shellac Removal | 15 min 15€

Shellac removal is an additional charge of 15€ and will add 15 minutes to your treatment time, please inform Reception at the time of booking if you require this.

WAXING

Brow / Lip / Chin | **15 min 25€**

Neck / Under-Arm / Half-Arm | **15 min 25€**

Full Arm | **30 min 30€** Bikini | **30 min 30€**

Half Leg | **30 min 35€** Full Leg | **45 min 50€**

Upper Back | **30 min 35€**

Please note that we use both hot wax and strip wax

TINTING

Eyebrow and lash tinting to enhance the appearance of your eyes.

Brows | **15 min 25€** Lashes | **15 min 25€**

Lashes & Brow Tint With Brow Shape | **30 min 40€**

Book with Reception.



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